

2010

Year End Seminar

Aiki Ken, Aiki Jo workshop

Dec 4(Sat) 2010

Join us for our annual year-end seminar. This seminar will focus on intensive Bokken and Jo techniques to enhance clear concept of Aikido body movements.

Sat(Dec 4) 1pm - 4pm

Place: World Karate-Do of Knightdale
1207 N Smithfield Rd Knightdale, NC

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